**HHS4U QUIZ, V.1: LIFE COURSE THEORIES**

**MULTIPLE CHOICE** (marks)

Circle the letter that best complete the statement.

1. According to Erikson’s Psychosocial Development theory, individuals progress from stage to

stage:

a) by overcoming a dilemma

b) when a change in one dimension requires an adjustment in one or more of the other

dimensions

c) is determined by an individual’s psychological clock, not by chronological age or the

social environment

d) by forming an identity separate from family of origin

e) by movement from periods of distress to periods of stability

2. Full ego development is described as having an autonomous self by:

a) Arnett b) Erikson c) Levinson d) Loevinger e) Pearlin

3. The Life Course Theories that identify distinct stages of development are:

a) Dimensions of Development and Ego Development Theory

b) Eight Stages of Life and Seasons of Life Theory

c) Family Life Cycle Framework and Theory of Psychological Distress

d) Theory of Emerging Adulthood and Dimension s of Development Theory

e) Theory of Psychological Distress and Eight Stages of Life

4. From age 28–33, individuals re-evaluate the life structures formed in their 20s. This is

referred to as:

a) identity vs. role confusion

b) the Dream

c) age 30 transition

d) instability

e) conformist

5. The point in life where an individual acquires the legal responsibilities and privileges of

adulthood is referred to as a:

a) adolescence

b) adulthood

c) emerging adulthood

d) age of majority

e) rite of passage